THAMES BRIDGES TREK

Thames Bridges Trek Challenge **12 Sept 2026**

CHALLENGE

FACTSHEET



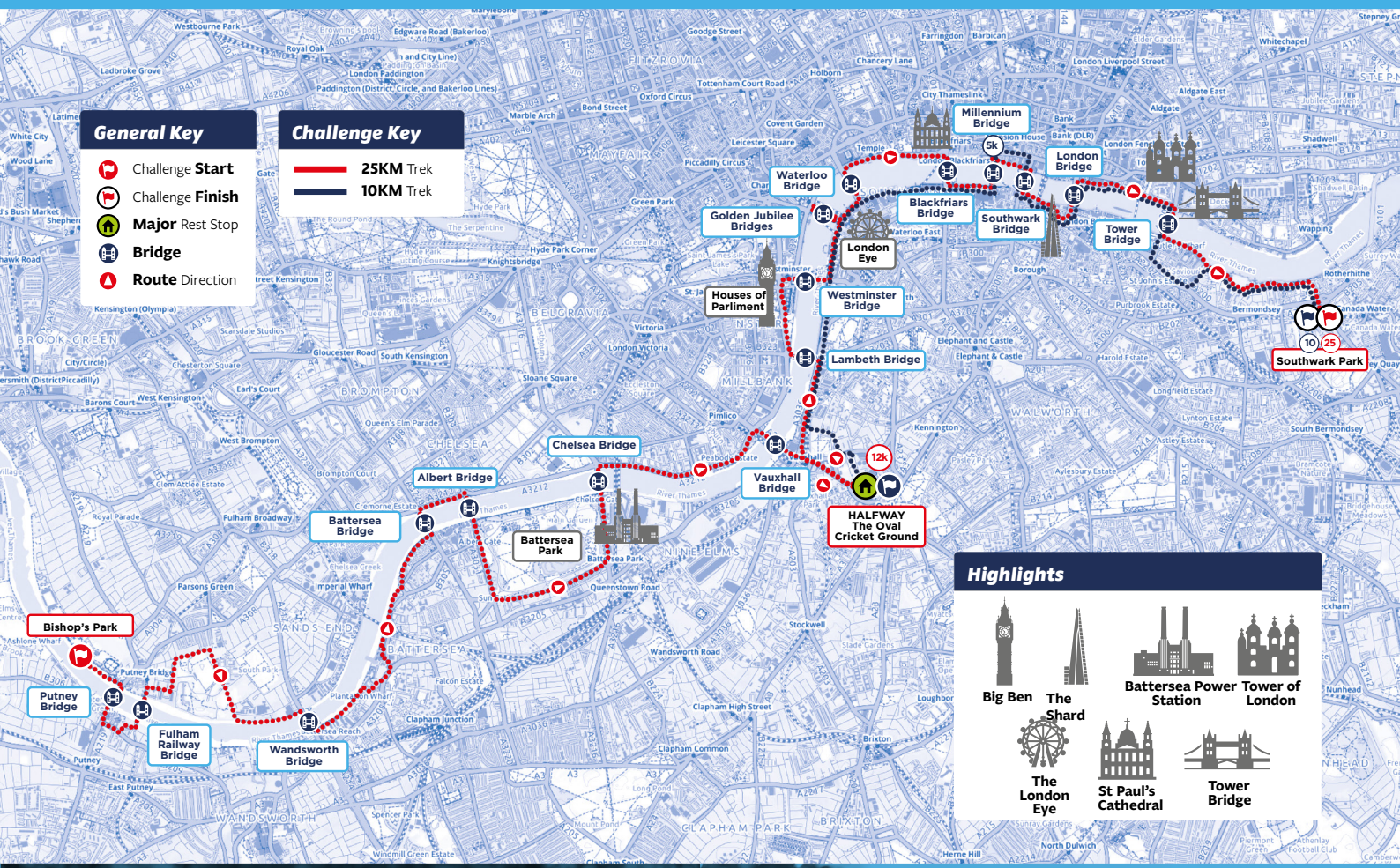
Part of the ULTRA CHALLENGE SERIES

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Thames Bridges Trek **12 September 2026**

Join 2500 walkers and trek across the Capital taking in unrivalled views of the skyline, and historic landmarks. Setting out from Putney Bridge start we head East towards the City, zig-zagging over 16 historic bridges – each with its own fascinating story – and a mid-point rest stop at The Oval Cricket Ground for some snacks & drinks. 25km later, it's a finish line celebration in Southwark Park past the final crossing – the majestic Tower Bridge.

Our 10km option starts from the Oval and conquers the entirety of the South Bank. Criss-cross over some of London's most iconic bridges including the Millenium Bridge & London Bridge, and wrap up your summer with a lasting sense of achievment.





Thames Bridges Trek **12 September 2026**

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Distance options

Whether you're a walker and new to challenge events, a regular hiker, or someone who just wants a great day out in one of the world's greatest cities – the Thames Bridges Trek is for you! Walk as an Individual or as a Team of friends, for a charity of your choice or just for you. The challenge is fun, safe, and rewarding – with full support all the way, enabling you to to really enjoy the best of London, its landmarks, and 16 historic bridges.

Please note this challenge is a 'walk/trek/hike' only – NO running / jogging allowed.

Thames Bridges Trek 25KM ***Challenge*** Putney Bridge to Tower Bridge

Sat 12 September | 10:00am-12:00pm Start

DISTANCE:

25 km – flat route, as it follows the Thames!

DETAILS:

- ✓ Start location: Bishops Park, Fulham
- ✓ Start times: 10:00 – 12:00
- ✓ Finish location: Southwark Park, East/ Central London
  - > Our rest stops & finish line are fully supported with toilets, medics, event managers, crew & covered seating areas.
  - > 12.5km (The Oval Cricket Ground) – pastries, fruit, snacks, & hot drinks
  - > 25km – finisher's picnic lunch

Thames Bridges Trek 10KM ***Challenge*** The Oval to Southwark

Sat 12 September | 10:30am-11:00am Start

DISTANCE:

10 km – flat route over 4 bridges

DETAILS:

- ✓ Start Location: The Oval, Kennington
- ✓ Start times: 10:30 – 11:00
- ✓ Finish location: Southwark Park, East/Central London
  - > Good tube link at either end of the challenge
  - > Take on Millenium Bridge, Southwark Bridge, London Bridge & Tower Bridge
  - > Snacks & hot drinks at the start
  - > Picnic lunch, glass of fizz, medal & t-shirt waiting for you at your finish line



Funding & Cost options

OPTION 1
Self Funding Do It For Youreslf

Pay for your place in full. Look forward to a great challenge with no fundraising!

25KM WALK
£89 Fee paid online as & no fundraising commitment

10KM WALK
£49 Fee paid online & no fundraising commitment.

OPTION 2
Full Charity Sponsorship

Pay a small Reg Fee & Fundraise for a chosen Charity (who pay for your place)

25KM WALK
£30 Reg Fee & at least **£275** fundraising/sponsorship

10KM WALK
£15 Reg Fee & at least **£150** fundraising/sponsorship

OPTION 3 Mixed Funding For Charity

Pay for half your place cost & fundraise less for Charity (who pay half of your place cost)

25KM WALK
£50 Reg Fee & at least **£150** fundraising/sponsorship

10KM WALK
£25 Reg Fee & at least **£100** fundraising/sponsorship

OPTION 4 Own Place Charity Fundraising

Pay for your place & fundraise whatever you can for a Charity (with just an admin fee for the charity)

25KM WALK
£89 Fee paid online & fundraise whatever you can

10KM WALK
£49 Paid online & fundraise whatever you can

Fundraising Deadlines At least 50% of the Sponsorship target (for either the Sponsorship for Charity or Mixed Funding option) should be with your Charity by 3 weeks prior to the Challenge. At this time your Charity will pay a Fee for your place to the Organiser (similar to the Self Funding cost). Failure to meet the 50% target may result in cancellation by your charity. The remaining 50% should be with your Charity 4 weeks after the Challenge.